

Federated Women's Institute of Prince Edward Island

CONVENER KITS

Kits available from the PEIWI Office by emailing wi@gov.pe.ca or at peiwi.ca

AGRICULTURE

1. Ground Hemlock
2. Fishing Industry
3. PEI Agriculture
4. Getting to Know PEI Flavors
5. Blueberry Industry on PEI
6. Forestry on Prince Edward Island
7. Gardening - Container
8. Gardening - Organic
9. Gardening - Lasagna Organic
10. Gardening - Alternatives to Pesticides
11. PEI Birds; Parts 1-3
12. Apple Picking, Storing, & Recipes
13. Kale: The Vegetable Powerhouse
14. Herb Coffee Cup – Recycled
15. PEI Potatoes
16. Re-Growing Vegetables
17. PEI Farm and Food Care at a Glance (*small booklet -available at PEIWI Office*) ***NEW***

CITIZENSHIP AND LEGISLATION

1. Canadian Citizenship
2. Provincial and Canadian Flags
3. O Canada: Our National Anthem
4. Canada: Canadian and Provincial Flags #2
5. Notable Women of PEI
6. Elder Abuse
7. PEI Women in Politics
8. Women in Government
9. Hon. Daniel MacDonald (*DVD*)
10. Period of Purple Crying (*DVD*)
11. Women of Confederation

CULTURAL ACTIVITIES

1. Quilting
2. 1860s Rural Life in PEI
3. Genealogy
4. Rug Hooking
5. Provincial Museums and Heritage Sites on PEI
6. Spanning the Generations (*DVD*)
7. Recycled Crafts
8. Social Media
9. Wreaths
10. PEIWI Book Launch (*three online videos + DVD*)
11. Do You Know Your Library?
12. Recycled Crafts – Volume 2
13. Fathers of Confederation Memorial Building
14. Reflections of the Mary Stewart Collect ***NEW***

ENVIRONMENT

1. Vinegar and Its Many Uses
2. Practical and Crafty Uses for Coffee Filters
3. Water: Have We Lots for the Future?
4. Conserving Energy in our Homes
5. Our Safe Water Supply; Protecting our Waterways
6. Many Uses for Orange Peels
7. Bottled Water vs. Tap Water
8. Composting 101
9. Homemade Cleaning Recipes
10. FWIC Water Awareness Program
11. Eco-Friendly Cleaning Guidelines

HEALTH AND SAFETY

1. Noise Hazard: Control and Hearing Conversation
2. Sun Smarts
3. Protect Your Family From Carbon Monoxide
4. Fire Prevention Tips
5. Telephone Fraud: Don't Be Afraid to Hang Up the Phone
6. Food Safety Tips
7. What Can You Do to Prevent Crime in Your Community?
8. Fall-Proof Your Home
9. What to do During a Lightning Storm
10. Illegal Drug Awareness
11. The Journey to Better Hearing for Seniors (*DVD*)
12. Distracted Driving
13. Staying at Home Safely
14. Planning Ahead: Legal Information for Seniors (*DVD*) ***NEW***

HOME, FAMILY AND NUTRITION

1. Energy Drinks: New Fad or Real Danger?
2. Children Need Nature
3. Women's Heart Health
4. Listen to the Whispers (*VHS*)
5. Diabetes
6. Osteoporosis
7. Menopause (*DVD*)
8. Screening for the Big three Cancers
9. Heart Disease & Stroke
10. Living Well Despite Stress
11. Kidney Disease
12. Simple Home Remedies for Common Illness
13. How to Read Food Labels
14. Period of Purple Crying (*DVD*)
15. Healthy Freezer Meals
16. Active Like a Girl (*Beginner Exercise Guide*)
17. Overnight French Bread
18. Caring Kitchens Starter Package
19. Preserving Fruit
20. Cannabis: Just the Facts ***NEW***

INTERNATIONAL AFFAIRS

1. Associated Country Women of the World
2. International Peace Gardens (*Video*)
3. Adelaide Hoodless (*DVD*)
4. ACWW – Women Worldwide: The Voice of Today
5. Chennai, India
6. India
7. Around the World on PEI
8. Canada Area's ACWW Project 2010-2013 (*95-page document available in office*)
9. London, England